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The Ruff Truth About Pandemic Weight Gain

Just as we humans have gained a little weight during the pandemic, so have our dogs! Pumpkin partnered with Fi to survey pup parents about how the pandemic has impacted their dog's health. Here's what we found!





of pet parents said that their pup gained weight during the pandemic.

In fact, a WHOPPING





said that when they gained weight, their dogs did too.



AND YET





of pups who packed on pounds actually got more exercise than before!

For humans who stepped up their exercise this past year:



of them said their dogs were more active, too.





So if pups raised their exercise game in the pandemic, why did they still gain weight?





admit to giving their pup extra treats.



WHILE



41%

admit to feeding them more table scraps.

THE PAWESOME NEWS?





of pet parents said their dog seemed happier since the pandemic started!





While full bellies and endless playtime seem to leave pets with happy hearts, it's cutting down on extra treats and table scraps that will help keep them healthy – and happy – in the long run.

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Pet Insurance & Preventive Essentials www.pumpkin.care Weight gain can lead to a bowlful of pet health issues. If your pup has packed on extra pounds this past year, it may be time for a check-up. But worry not – with the help of your vet, Pumpkin and Fi, you can help your dog live the happiest, healthiest life possible.

This survey was conducted by Pumpkin and Fi via SurveyMonkey with a sample of nearly 1,000 respondents who are dog owners in America from April 27, 2021-May 7, 2021. Limitations apply. For terms and conditions, visit pumpkin.care. Pumpkin Insurance Services Inc. (NPN#19084749) ("Pumpkin") is a licensed insurance agency, not an insurer. Insurance plans underwritten by United States Fire Insurance Company (NAIC #21113. Morristown, NJ), a Crum & Forster Company and produced by Pumpkin. Preventive Essentials is not an insurance policy, and is not available in all states. Form #100465