



The Ruff Truth About Pandemic Weight Gain

Just as we humans have gained a little weight during the pandemic, so have our dogs! Pumpkin partnered with Fi to survey pup parents about how the pandemic has impacted their dog's health. Here's what we found!



36%

of pet parents said that their pup gained weight during the pandemic.

In fact, a WHOPPING

56%

said that when they gained weight, their dogs did too.



AND YET...



25%

of pups who packed on pounds actually got more exercise than before!

For humans who stepped up their exercise this past year:



66%

of them said their dogs were more active, too.



So if pups raised their exercise game in the pandemic, why did they still gain weight?

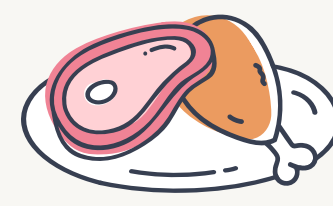


45%

admit to giving their pup extra treats.



WHILE



41%

admit to feeding them more table scraps.

THE PAWESOME NEWS?



21%

of pet parents said their dog seemed happier since the pandemic started!



While full bellies and endless playtime seem to leave pets with happy hearts, it's cutting down on extra treats and table scraps that will help keep them healthy – and happy – in the long run.