Cat Age to Human Years Chart

Life Stage	Cat Age	Age in Human Years
<image/>	1 month	1
	3 months	4
	6 months	10
	12 months	15
	18 months	21
Junior	2	24
Adult	3 & up	28 +4 for every additional cat year
	11 & up	60 +4 for every additional cat year





Source: AAHA, "Feline Life Stage Guidelines"

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